

FITNESS EQUIPMENTS

Gymnasium:			
INDOOR		OUTDOOR	
Abdominal Bench	-1	Parallel bar	-1
Leg Press Machine	-1	Pull-ups bar	-1
Calf Machine	-1		
Barbells	-2	TOTAL	<u>2</u>
Bench Press	-1		
Dumb Bells	-2		
Incline Bench Press	-1		
Lat pull Down Machine	-1		
Leg Curl Machine	-1		
Leg Extension	-1		
Pect Deck (Pectorals major shoulder)	-1		
Tread Mill	-1		
8 Station Multi Gym	-1		
Spine Bike	-1		
Madison ball	-1		
TOTAL	<u>17</u>		